

Readiness to Learn Workshops

Barnardo's is working with your child's school on a project called PINS, which provides training and support about Neurodiversity. We would like to invite parents to attend some upcoming workshops.

The 'Readiness to Learn' workshops are for parents, carers, and school staff to learn together about helpful strategies to support children's development and wellbeing. These workshops will cover important areas of a child's life and will give you practical tools to help with challenges at both school and home.

Below are the details for two workshops, Readiness to Learn 1 and Readiness to Learn 2. If you'd like to attend one or both, please click the Eventbrite links below to choose a date that works for you.

Readiness to Learn 1 Workshop

This workshop will explore approaches around:

- Executive functioning
- Regulating emotions
- Setting boundaries and managing demands
- Behaviour management
- Self-management skills

[Readiness to learn 1 – Tuesday 4th Feb, 3.30-5.30pm](#)

[Readiness to learn 1 – Monday 10th Feb, 3.30-5.30pm](#)

[Readiness to learn 1 - Monday 17th Feb, 10.00am-12.00pm](#)

Readiness to Learn 2 Workshop

This workshop will explore approaches around

- Speech, Language, and Communication Skills
- Supporting Transitions
- Sleep
- Food Sensitivity

[Readiness to learn 2- Monday 3rd March, 3.30-5.30pm](#)

[Readiness to learn 2- Monday 10th March, 3.30-5.30pm](#)

[Readiness to learn 2 - Tuesday 25th Feb, 10.00am-12.00pm](#)